

Consistently Confessing our Sins

When we confess our sins, we open ourselves to God's forgiveness and allow His grace to renew us. This act of humility not only restores our relationship with God but also brings us inner peace and spiritual growth. Consistent confession helps us remain mindful of our actions and encourages us to seek a closer walk with God each day.

Confession also involves seeking God's guidance. When we embrace honesty about our faults, we invite His wisdom to guide us toward a better path. In our pursuit of God's will, it's crucial to ask Him for direction, especially after confessing our sins. God desires is to lead us toward His truth and light as we confess our wrongs. With God's guidance, we can navigate our lives more effectively, making better choices and avoiding the pitfalls that once trapped us. Let's lean on Him together as our ultimate source of wisdom.

Confession can include a wide variety of topics (positive and negative), from confessing one's love for another to confessing to committing a violent crime. Whatever the subject, confession always involves a declaration of the truth.

When it comes to confessing our sins, this involves communicating the truth about what we have done relative to God's instructions for living.

The apostle John defines sin: "Whoever commits sin also commits lawlessness, and sin is lawlessness" **(1 John 3:4)**.

So, confessing our sins is admitting to the reality that we have broken God's law, which is holy, just and good **(Romans 7:12)**.

Psalm 51:3-4

- "For I acknowledge my transgressions, and my sin is always before me. Against You, You only, *have I sinned*, and done this evil in Your sight

Nehemiah 1:6

- "Please let Your ear be attentive and Your eyes open, that You may hear the prayer of Your servant which I pray before You now, day and night, for the children of Israel Your servants, and confess the sins of the children of Israel which *we have sinned against You*. Both my father's house and I *have sinned*"

Confession is about more than the lips speaking the right words; it is also about the heart. We could certainly admit to our sins verbally, but without genuine, heartfelt repentance, we can't enjoy the benefits of confession.

Heavenly Father,

Thank you for the gift of your listening ear and your merciful heart.

When we come before you in honesty, laying down our burdens and mistakes, you do not turn me away, instead, you welcome us with grace. Teach us to see confession not as shame, but as freedom. Help us rejoice in the cleansing of our soul, and to walk in the light of your forgiveness without fear or guilt. May our heart be quick to repent, our spirit eager to receive your peace, and our lives a reflection of the joy that comes from being made new in You.

In Jesus' name, Amen.